

# TBI Recovery Support Program



## Overview

DVBIC's Traumatic Brain Injury (TBI) Recovery Support Program (formerly known as the Care Coordination Program) assists service members, National Guard, reservists and veterans who have sustained a TBI, as well as their family members and caregivers, as they negotiate complex systems of care. The program's Recovery Support Specialists, assigned to 14 regions throughout the United States and Germany, provide a network for care coordination.

## Mission

To optimize successful engagement, treatment and recovery from TBI by providing TBI expertise, resources and support to the military and veterans' communities while facilitating connections across the entire continuum of recovery and spectrum of care.



## Services

- **Clients:** Connection to TBI and psychological health services, and non-medical resources. Recovery Support Specialists establish ongoing relationships with clients to empower them with resources that advance their care and understanding of TBI. Recovery Support Specialists:
  - Conduct regular follow-up interviews for 24 months
  - Track symptoms and monitor treatment compliance and outcomes
  - Identify local resources and programs
  - Transition clients to another Recovery Support Specialist if clients relocate
- **Providers and Care Managers:** Information and access to TBI research, training and educational products

## Eligibility

Service members, National Guard, reservists or veterans who have been diagnosed with a TBI, their family members and caregivers. A referral may be generated by:

- Case managers or providers at military and VA treatment facilities or civilian settings
- Self-referral, family members or caregivers
- Email to [mrmc.dcoe.tbirecoverysupport@mail.mil](mailto:mrmc.dcoe.tbirecoverysupport@mail.mil)
- **To locate a TBI Recovery Support Specialist or to download the client brochure, visit the TBI Recovery Support Program at <http://dvbic.dcoe.mil/tbi-recovery-support-program>**



# TBI Recovery Support Program



## Programs, Resources and Contact Information



### **Defense and Veterans Brain Injury Center (DVBIC)** <http://dvbic.dcoe.mil>

Serves active-duty military, their beneficiaries and veterans with traumatic brain injuries through state-of-the-art clinical care, innovative clinical research and education programs with operations at its headquarters in the Washington, DC area, 11 military treatment facilities and five VA hospitals throughout the United States and Germany

- **Regional TBI Education** Educates service members, veterans and their families about TBI prevention, treatment and rehabilitation and delivers TBI education to the military, veterans and civilian communities through a nationwide network of Regional Education Coordinators
- **Case Management Resources and Military TBI Case Management Quarterly Newsletter** <http://dvbic.dcoe.mil/case-management-resources>
- **TTWRL (Telehealth and Technology Web Resource Locator) for TBI Case Managers** <https://ttwrl.dcoe.mil> Provides rapid access to military, VA and community resources to support the discharge planning and ongoing care required by service members, veterans and their families dealing with TBI and associated psychological health issues
- **Resources** <http://dvbic.dcoe.mil/resources>



### **Defense Centers of Excellence for Psychological Health And Traumatic Brain Injury**

**(DCoE)** <http://dcoe.mil> Serves as the principal integrator and authority on psychological health and traumatic brain injury knowledge and standards for the Department of Defense

- **Resources and Resource Catalog** <http://dcoe.mil/PsychologicalHealth/Resources.aspx>



**Deployment Health Clinical Center** <http://www.pdhealth.mil/main.asp> Promotes the innovation, delivery, quality, effectiveness and measurement of psychological health care across the Military Health System

- **Resources** <http://www.pdhealth.mil/library/default.asp>



**National Center for Telehealth & Technology** <http://t2health.dcoe.mil> Leads the innovation of health technology solutions to deliver tested valued solutions that improve the lives of our nation's warriors, veterans, and their families

- **Resources** <http://t2health.dcoe.mil/products/mobile-apps>