Resources and References for the DCoE January 2015 Traumatic Brain Injury Webinar

The Role of Sleep, Activity, and Nutrition in the Treatment and Recovery of Traumatic Brain Injury

Resources

The Defense and Veterans Brain Injury Center (DVBIC) promotes excellence in clinical care through the development and dissemination of clinical recommendations (CRs) that assist providers in the assessment and management of symptoms associated with TBI. Each of the following CRs have complementary resources that may be downloaded at dvbic.dcoe.mil:

- Assessment and Management of Dizziness Association with Mild TBI
- Assessment and Management of Visual Dysfunction Associated with Mild TBI
- Management of Sleep Disturbances Following Concussion-Mild TBI
- Neuroendocrine Dysfunction Screening Post Mild TBI
- Neuroimaging Following Mild TBI in the Non-Deployed Setting
- Progressive Return to Activity Following Acute Concussion/Mild TBI
  - Guidance for the Primary Care Manager in the Deployed and Non-deployed Settings
  - Guidance for the Rehabilitation Provider in the Deployed and Non-deployed Settings

The Defense Centers of Excellence for Psychological Health & Traumatic Brain Injury (DCoE) developed the “Complementary and Alternative Medicines (CAM) Modalities and Interventions” fact sheet which includes classifications of CAM modalities and their clinical use in Veterans Affairs and the Military Health System.

The National Institutes of Health National Center for Complementary and Integrative Health defines, through rigorous scientific investigation, the usefulness and safety of complementary and alternative medicine interventions and their roles in improving health and health care.

The Performance Triad – sleep, activity, nutrition – is the foundation for Army Medicine’s transformation to a system for health, a partnership among soldiers, families, leaders, health teams and communities to promote Readiness, Resilience and Responsibility.

References


