

Management of Headache Following Concussion/Mild Traumatic Brain Injury



Headache is the most common symptom reported following a concussion.



U.S. Army photo by Jasmine-Chopra-Delgadillo

For more information, visit dvbic.dcoe.mil

“Management of Headache Following Concussion/Mild Traumatic Brain Injury: Guidance for Primary Care Management in Deployed and Non-Deployed Settings” includes state-of-the-science products that can support the diagnosis, evaluation and treatment of post-traumatic headache. You can access this information and recommendations to guide treatment in deployed and non-deployed settings.

About DVBIC: The center serves active-duty military, their beneficiaries and veterans with traumatic brain injury through state-of-the-science clinical care, innovative clinical research initiatives and educational programs, and support for force health protection services.



Clinical recommendation: Outlines both non-pharmacologic and pharmacologic treatment



Clinical support tool: Reference card with an algorithmic approach to assessment



Provider education training: Provides a brief overview of the recommendation and tool



Patient fact sheet: Information for service members and veterans to manage post-traumatic headaches