



DCoE Resources and References: April 10, 2014 Traumatic Brain Injury Webinar Family Caregiver Support After Traumatic Brain Injury

Resources

The Defense and Veterans Brain Injury Center developed the resource, "[Traumatic Brain Injury: A Guide for Caregivers of Service Members and Veterans](#)." There are four modules, one of which focuses on social support, self-care and tips to guide the caregiver during their loved one's recovery.

The Defense and Veterans Brain Injury Center developed the Family Needs Line, which includes the following booklets: "[Traumatic Brain Injury: Talking with Children about Moderate or Severe Traumatic Brain Injury](#)," "[Addressing Family Needs; Talking with Children About TBI](#)," and "[Taking Care of Yourself While Taking Care of Others](#)"

Subject matter experts from the Department of Veterans Affairs developed a fact sheet titled "[Traumatic Brain Injury: A Focus on Family and Caregivers](#)" as a reference tool to educate caregivers regarding expectations, roles and self-care.

Subject matter experts from the Department of Veterans Affairs developed the fact sheet, "[I'm Caring for a Veteran with Traumatic Brain Injury \(TBI\): What Do I Need to Know?](#)" This fact sheet educates caregivers on self-care and external support strategies.

References

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