



Resources and References for the DCoE April 2015 Traumatic Brain Injury Webinar

Prevention and Management of Concussions: Mild Traumatic Brain Injury in Youth Sports

Resources

The Centers for Disease Control and Prevention (CDC) developed the [HEADS UP](#) campaign to help parents, coaches, school professionals and health care providers recognize, respond to and minimize the risk of concussion or other serious brain injury. The [HEADS UP to Health Care Providers](#) initiative offers online concussion training, tools for providers and patient education materials.

HEADS UP diagnosis, assessment and management resources include:

- [Facts for Physicians about Mild TBI](#)
- [Acute Concussion Evaluation \(ACE\)](#) forms for TBI assessment in the emergency department and physician/clinician office
- [ACE Care Plan](#) for return to school, play and sports

The Defense and Veterans Brain Injury Center (DVBIC) developed [A Parent's Guide to Returning Your Child to School After a Concussion](#) to offer practical advice to parents on how to recognize the signs and symptoms of a concussion, information on treatment and recovery, and what a parent can do to support a child's recovery and successfully return to school and related activities. Although written to help military families, this guide contains detailed practical advice for helping school-aged children recover from concussion and is very useful for all families.

To address return to activity in adults, DVBIC developed [Progressive Return to Activity Following Acute Concussion/mild TBI Recommendations](#) to provide a step-by-step approach for primary care managers and rehabilitation providers to use in evaluating service members who sustain a concussion. Health care providers can use these pragmatic steps to monitor service members during recovery and guide them as they gradually return to pre-injury activities.

Also for adults, DVBIC developed the [Back to School: Guide to Academic Success After TBI](#) to assist service members and veterans with ongoing symptoms from a TBI to navigate campus life, manage ongoing symptoms, transition smoothly to a civilian setting and advocate for them.

The [Safe Concussion Outcome Recovery & Education \(SCORE\) Program](#) at Children's National Medical Center in Washington, D.C. offers helpful information including FAQs for parents, coaches and schools and websites for additional information.

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