



Resources and References for the DCoE October 2014 Traumatic Brain Injury Webinar

Gender Issues and Sport-related Concussion

Resources

In September 2014 the Defense and Veterans Brain Injury Center (DVBIC) released “[A Parent’s Guide to Returning Your Child to School After a Concussion](#)” to offer practical advice to parents on how to recognize the signs and symptoms of a concussion, information on treatment and recovery, and what a parent can do to support a child’s recovery and successfully return to school and related activities.

The Institute of Medicine and National Research Council studied sport-related concussion in youth from elementary school through young adulthood, including military personnel and their dependents, and published “[Sports-Related Concussions in Youth - Improving the Science, Changing the Culture](#)” in October 2013.

“[A Head for the Future](#)” is a DVBIC initiative to promote traumatic brain injury awareness, education and prevention to service members, line leaders, veterans, medical providers and family members.

The “[Progressive Return to Activity Following Acute Concussion-Mild TBI: Guidance for the Primary Care Manager and the Rehabilitation Provider in Deployed and Non-deployed Setting Clinical Recommendations](#)” give providers and patients a practical “how to” manual for concussion recovery by clearly describing a gradual, graded and step-wise return to activity.

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